

Video Recording Instructions

1. Recording Mode

- Set your phone or video camera on a tripod if possible, to steady the image.
- The phone/camera should be positioned horizontally like in the picture below.



2. Audio/Sound

- Use an external microphone. The built-in microphone does not record sound well.
- Ensure there is no background noise going on when you record.

3. Framing the shot

- Look directly at the camera when you are speaking.
- In the frame of the shot should be your head and shoulders, possibly upper part of your chest.
- You should be centered in the frame like shown here and looking at the camera.



4. Background

- If possible, choose a background that helps to identify your parish or your faith.

5. Lighting

- If possible, make sure you are well lit – no shadows on your face.
- Natural lighting is nice so recording near a window is good but be sure the window is in front of you or on the side, not behind.
- Backlighting is not ideal -recording with a window or a light directly behind you usually creates a glow-like effect around your body which is not ideal.

For additional assistance, contact Maria Mertens in the Diocese of St. Petersburg, Office of Communications, mrm@dosp.org.