

How much does it cost?

Prior to the deadline:

\$40.00 per couple per session

After the deadline:

\$60.00 per couple per session

What is include?

The registration fee covers all program costs and materials. Continental Breakfast is served.

What are the times?

Each session begins promptly at 9:00 a.m. and ends at 12 noon.

Where does the program take place?

*Sessions are typically held
in St. Petersburg*

On very rare occasions we may have to switch the location of one or more sessions. To avoid any confusion the address and facility details will be included in the confirmation letter.

What if we have to cancel/postpone?

Once the application is processed:

- ◆ You can postpone without penalty providing notice is received a **minimum of 14 days** prior to the scheduled session.
- ◆ A **\$20.00 per session fee** is imposed each time a couple:
 - postpones without the required notice
 - is a no-show and wishes to reschedule
- ◆ Total cancellations are refundable at 50% as long as notice is received a minimum of 3 weeks before the scheduled session.

Other Marriage Enrichment Opportunities

Worldwide Marriage Encounter – Is an enrichment experience intended for married couples who are looking to be the best, most loving and thriving couple they can be. Uncover the secrets to a lasting, supportive marriage by learning how to listen, share, and bond more deeply. This is a wonderful opportunity to spend private time together as you pause, reflect, and reconnect.

To access the Tampa Bay Marriage Encounter web site, go to:

www.wwme-floridawestcoast.com

Additional information is available on the national Marriage Encounter web site at:

www.wwme.org

Retrouvaille – Is a program for married couples facing difficult challenges in their relationship. Are you frustrated, hurt or angry with your spouse? Do you have trouble communicating? Are you constantly fighting? Have you thought about separation or divorce? If you answered "yes" to any of these questions...Retrouvaille is a lifeline that can provide the help you need. No marriage is beyond hope! For more information, go to their website at:

www.helpourmarriage.org

For Your Marriage – This web site provides educational and spiritual resources to help couples at all stages of life to understand and live God's plan for happy, holy marriages. This resource was launched as part of the National Pastoral Initiative for Marriage, by the United States Conference of Catholic Bishops in order to communicate the meaning and value of married life for the Church and for society.

www.foryourmarriage.org

Marriage Enrichment 2023

*Half-day enrichment
opportunities for
married couples*



*Office of Marriage + Family Life
Diocese of St. Petersburg*

Married couples are often pulled in many different directions which sometimes leaves little time for them to devote to their relationship. This multi-purpose program provides enrichment opportunities through a series of half-day workshops. Each session is presented by a marriage and family therapist or licensed mental health counselor.

Session 1 - Family of Origins

Discover ways your marriage commitment is influenced by experiences you had growing up in your family; identify how your relationship with parents and siblings play a role in the way you establish and maintain attachments. Become aware of the impact former relationship problems can have on your marriage. Learn from the past...and let the past work for you. You will have a better understanding and appreciation of how relationships and experiences from the past can contribute to the present by enhancing your marriage.

Session 2 - Communication

This workshop will help couples identify obstacles to and enhancers of effective communication. Learn how to problem solve and communicate in an affirming and loving way and identify styles of communication that go toward compatibility and incompatibility. Discover practical pathways to effective problem solving, identify the basic languages in which couples communicate, and improve listening skills.

Session 3 – The Many Moods of Marriage

Navigating through the “many moods of marriage” can be a major challenge that all couples face. Learn more about commitment, intimacy, trust and other obstacles that can affect a marital relationship. This session will focus on ways to strengthen and enrich marriage and avoid the possible pitfalls that can cause conflict.

Session 4 - Blended Families

Many tasks are needed for a successful integration and blending of two families into one. This workshop addresses: myths and legends about stepparents, starting and establishing rituals and traditions as a new family unit, overcoming loyalty issues, co-parenting, and discipline strategies. The Brady Bunch is only a TV show. The real thing takes planning, understanding, and hard work.

Dates & Application Deadlines

Session 1

January	7	Deadline	1/3/23
June	10	Deadline	5/29/23
September	9	Deadline	8/29/23

Session 2

January	28	Deadline	1/16/23
June	24	Deadline	6/12/23
September	23	Deadline	9/11/23

Session 3

February	4	Deadline	1/23/23
July	8	Deadline	6/26/23
October	7	Deadline	9/25/23

Session 4

February	25	Deadline	2/13/23
July	29	Deadline	7/17/23
October	28	Deadline	10/16/23

Office of Marriage & Family Life

*E-mail: deb@dosp.org
Phone: 727 – 341 – 6847*

8:30 to 5:00 - Mon. thru Fri.

*E-mail is the best way to contact us
as we have access to this
should we be away from the office*

How do we sign up?

Apply online by going to:

<https://www.dosp.org/enrichment-application/>

After completing the application, you will be directed to an online payment page.

How do we know if we're confirmed?

After your application is processed, an email is sent to each provided address which includes an attachment with a confirmation letter. This will provide pertinent information and acknowledge the sessions for which you are registered.

IMPORTANT. . .

While there could always be exceptions, applications are usually processed within a few days of when they are submitted. The email is generated at that time with the subject line “**Enrichment Confirmation.**”

Since this is coming from an unknown sender with a “.org” extension, it’s possible that some servers might consider this SPAM. If your INBOX doesn’t show confirmation within **2 weeks of submitting your paperwork**, please **check your junk mail folder**. If after looking in both locations you still haven’t heard from us, **please contact our office**.

Application Details

- ◆ Apply for any/all session(s) you prefer.
- ◆ If attending multiple sessions, they can be taken in any order.
- ◆ Regardless of age or circumstances, we are unable to accommodate children. Please make alternate arrangements for their care while you’re with us.
- ◆ Those with minor/dependent children from a previous relationship may benefit from Session 4 as this can be helpful in navigating matters with blended families and co-parenting.