

MERCY

FINDING HOPE THROUGH

MERCY

1,000,000 Acts of Mercy Challenge

The *Catechism of the Catholic Church* teaches that Works of Mercy are actions by which we come to the aid of our neighbor, in their spiritual and bodily needs. The acts don't have to be extra-ordinary, like going to a soup kitchen (though they can be). They can be simple, but meaningful. Below are some ideas to get you started.



CORPORAL WORKS OF MERCY

FEED THE HUNGRY

- Schedule one family meal per week
- Share a meal with someone who is alone
- Sign up for a gleaning project

GIVE DRINK TO THE THIRSTY

- Give water to someone working outside
- Donate baby formula
- Invite someone to Mass (thirst for God)

CLOTHE THE NAKED

- Provide baby clothes to a pregnancy center
- Help an elderly person put on their socks
- Confront sexual exploitation in society

SHELTER THE HOMELESS

- Show hospitality to newcomers and visitors
- Help build a house with Habitat for Humanity
- Provide a home for orphans/foster children

VISIT THE SICK

- Join a ministry to the sick
- Do yardwork for the homebound
- Attend an Anointing of the Sick service

VISIT THE IMPRISONED

- Provide religious literature for prisoners
- Call someone who is homebound
- Support someone in overcoming addiction

BURY THE DEAD

- Make a meal for a grieving family
- Share support materials with the grieving
- Volunteer for cemetery cleanup days

SPIRITUAL WORKS OF MERCY

BEAR WRONGS PATIENTLY

- Frustrated with someone? Step away from the situation, take a few deep breaths, pray the Our Father, asking God for patience

PRAY FOR THE LIVING AND DEAD

- Request a Mass intention for the sick or deceased
- Keep a prayer book with names for intentions
- Ask friends or family how you can pray for them

FORGIVE OFFENSES WILLINGLY

- Guide others towards salvation, without judgment
- When you correct someone, don't be arrogant; we are all in need of God's loving correction

COMFORT THE AFFLICTED

- Cook a meal for a friend in need
- Send a card to someone who is suffering
- Reach out – your time can make a difference

TEACH OTHERS ABOUT THE FAITH

- Go on a service trip or short-term mission trip
- Help a parish religious education program
- Read about the Catholic faith and how to live it

ENCOURAGE RECONCILIATION

- We learn to say sorry as kids, but do we mean it? Forgiveness transforms hearts and lives
- Participate in the Sacrament of Penance

COUNSEL THE DOUBTFUL

- Show God's love through your actions
- Accompany a friend to a parish event or Mass
- Share a helpful faith-related book

MAKE IT COUNT! Complete acts of mercy now through December. Log them at www.Mercy2025.org
For more information and ideas on ways to complete acts of mercy, go to www.dosp.org/Jubilee2025/MercyChallenge

