

How do we know if we're confirmed?

Once your application is processed, a confirmation letter will be emailed to each provided address. This is usually done within a few days of your paperwork being submitted. *

The confirmation letter will:

- ◆ acknowledge the sessions for which you are registered
- ◆ give the address where the program is held
- ◆ provide other pertinent details

*If confirmation isn't received within 2 weeks of submitting your paperwork, contact us but before doing so...check your **Junk Mail folder**.

Please note...

All penalties go into effect once your application is processed, and a confirmation letter is generated.

Where does the program take place?

*Sessions are typically held
in St. Petersburg*

What is include?

The registration fee covers all program costs, materials, and continental breakfast.

What are the times?

Each session begins at 9:00 a.m. and ends at 12 noon.

What if we need to postpone?

Keep in mind that we incur expenses in advance of each workshop for which you are registered. Therefore, a **\$20 fee** is imposed each time the following applies:

- ◆ Postponement is received **less than 5 days** prior to the confirmed session.
- ◆ A couple is a no-show and needs to reschedule.

What if we have to cancel?

- ◆ A full refund can be issued providing notice is **received in writing 5 or more days prior to the first scheduled session**.
- ◆ Partial refunds are not issued. Should a couple begin and not finish as required, the remaining funds are forfeited.

Office of Marriage & Family Life

E-mail is the best way to contact us!

E-mail: deb@dosp.org

Phone: 727 – 341 – 6847

8:30 to 5:00 - Mon. thru Fri.

Convalidation 2026

*Preparation for
civilly married couples
seeking the
Sacrament of Matrimony*



ROMAN CATHOLIC DIOCESE OF
SAINT PETERSBURG

COURAGEOUSLY
Living the Gospel

*Office of Marriage
and
Family Life*

Congratulations on your decision to receive the Sacrament of Matrimony. This program is a series of half-day lecture-style workshops, each presented by a marriage and family therapist or licensed mental health counselor.

Session 1 - Family of Origins

Discover ways in which your marriage commitment is influenced by experiences you had growing up in your family; identify how your relationship with parents and siblings play a role in the way you establish and maintain attachments. Become aware of the impact former relationship problems can have on your marriage. Learn from the past...and let the past work for you. As you strive to identity as a married couple, you will have a better understanding and appreciation of how relationships and experiences from the past can contribute to the present by enhancing your marriage.

Session 2 - Communication

This workshop will help couples identify obstacles to and enhancers of effective communication. Learn how to problem solve and communicate in an affirming and loving way and identify styles of communication that go toward compatibility and incompatibility. Discover practical pathways to effective problem solving, identify the basic languages in which couples communicate, and improve listening skills.

Session 3 – The Many Moods of Marriage

Navigating through the “many moods of marriage” can be a major challenge that all couples face. Learn more about commitment, intimacy, trust, and other obstacles that can affect a marital relationship. This session will focus on ways to strengthen and enrich marriage and avoid the possible pitfalls that can cause conflict.

Session 4 - Blended Families

There are many tasks needed for a successful integration and blending of two families into one. This workshop will cover issues that include overcoming loyalty issues, co-parenting, myths, and legends about stepparents, discipline strategies, and starting and establishing rituals and traditions as a new family unit. The Brady Bunch is only a TV show -- the real thing takes a lot of planning, understanding and hard work.

Schedule, Deadlines & Registration Details

Session 1

January	10	Deadline	1/5/26
June	13	Deadline	6/8/26
September	12	Deadline	9/4/26

Session 2

January	31	Deadline	1/26/26
June	27	Deadline	6/22/26
September	26	Deadline	9/21/26

Session 3

February	7	Deadline	2/2/26
July	11	Deadline	7/6/26
October	10	Deadline	10/5/26

Session 4

February	28	Deadline	2/23/26
July	25	Deadline	7/20/26
October	24	Deadline	10/19/26

How do we sign up?

Apply online by going to:

<https://www.dosp.org/convalidation-application>

NOTE: After completing the application, you will be directed to another site for online payment.

Please make sure both of your schedules are free of other commitments.

Additional Information

- ◆ Sessions do not have to be taken in order.
- ◆ **All couples** must attend **Sessions 1, 2, and 3. Session 4** is also required for those with **minor/dependent children** from a previous relationship.
- ◆ Both the husband and wife **must attend all applicable sessions together**. If this is not possible, please contact us before registering.
- ◆ Providing the program is attended as required, each couple will receive a certificate of completion at the end of final session for which they are registered.
- ◆ ***While we love children, regardless of age and/or circumstances we are unable to accommodate them during the program. Please make arrangements for their care while you're with us.***

What is the cost to attend?

\$145.00 - 4 sessions (if required)

\$120.00 - 3 sessions

Those with financial difficulties should contact **deb@dosp.org**

(Cont. on next page)