#### EARLY CHILDHOOD GUIDANCE CURRICULUM

**May 2008** 

\*For EC2 and EC3: Cover competencies that are developmentally appropriate for 2 and 3 year olds.

# 1. Standard-Academic Self-Management for Lifelong Learning (Early Childhood)

| Competency   | Competency Indicators - The learner will:  | *EC2 | *EC3 | EC4 |
|--|--|------|------|-----|
| Gu 1.1 Understand and                                | Know school rules and why they are important.  |      |      |     |
| participate in a school                              | List responsibilities in the classroom and school.   |      |      |     |
| environment.   | State consequences when a school rule is not followed.   |      |      |     |
|  | • Identify common features at home and at school (library, play areas, work areas)   |      |      |     |
|  | Follow simple classroom rules and routines.  |      |      |     |
|  | Manage transitions.  |      |      |     |
|  |  | 1    | 1    | T   |
| <b>Gu 1.2</b> Awareness that attitudes and behaviors | Begin to develop an awareness of strengths and weaknesses as a student/learner.  |      |      |     |
| are related to academic                              | Begin to develop the skills and attitudes needed to achieve in school.   |      |      |     |
| achievement  | Begin to link effort to outcome.   |      |      |     |
|  | Show eagerness and creativity as a learner.  |      |      |     |
|  | Approach tasks with flexibility and inventiveness.   |      |      |     |
|  | Appreciate God-given gifts and talents.  |      |      |     |
| C 1 2 A  |  | 1    | 1    | T   |
| Gu 1.3 Awareness of the process of goal setting      | Make simple choices.   |      |      |     |
|  | • Demonstrate an increasing ability to set goals, develop plans to reach goals, follow through with plans, and learn what worked and did not work. |      |      |     |
|  | Identify ways they contribute to class goals.  |      |      |     |

|   |   | (Da  | ate/Initial | <b>l</b> ) |
|---|---|------|-------------|------------|
| Competency                              | Competency Indicators - The learner will:                   | *EC2 | *EC3        | EC4        |
| <b>Gu 1.4</b> Awareness of study habits | Describe ways to prepare for class each day.                |      |             |            |
|   | List the materials needed for school each day.              |      |             |            |
|   | Use classroom materials carefully.                          |      |             |            |
| Gu 1.5 Awareness of                     | Complete assignments in time allowed.                       |      |             |            |
| effective time-<br>management skills    | Demonstrate ability to start/finish projects.               |      |             |            |
|   | Attend to tasks and seeks help when encountering a problem. |      |             |            |

# 2. Standard-Career and Educational Awareness (Early Childhood)

| Competency   | Competency Indicators - The learner will:   | *EC2 | *EC3 | EC4 |
|--|---|------|------|-----|
| Gu 2.1 Awareness of                                    | Describe those things that are important to them in school and home.                          |      |      |     |
| personal interests,<br>abilities, and values           | Describe their likes and dislikes.  |      |      |     |
|  | • Discuss jobs they think they may be interested in doing when they grow up.                  |      |      |     |
|  | Demonstrate a positive sense of self.   |      |      |     |
|  | Become aware of personal characteristics.   |      |      |     |
|  | Identify similarities/differences among classmates.   |      |      |     |
|  |   |      | _    |     |
| <b>Gu 2.2</b> Awareness of the benefits of educational | Make a connection between academic skills and how they can be used in the home and community. |      |      |     |
| achievement  | Become aware of the influence of school on all aspects of their lives.                        |      |      |     |
|  | Develop an awareness of the skills and attitudes needed to achieve in school.                 |      |      |     |
|  | Participate in classroom activities.  |      |      |     |
|  | Use God-given skills and talents to serve God through others.                                 |      |      |     |

## 2. Standard-Career and Educational Awareness (Early Childhood)

| Competency  | Competency Indicators - The learner will:   | *EC2 | *EC3 | EC4 |
|---|---|------|------|-----|
| Gu 2.3 Awareness of the   | • Identify work roles to gain an understanding of reasons why people work.  |      |      |     |
| relationship between work and learning.                                       | Become aware that performance in school relates to choices in adult roles.  |      |      |     |
| Gu 2.4 Awareness of sources of career information                             | <ul> <li>Describe work of family members and workers in the school.</li> <li>Describe jobs that are present in the local community.</li> <li>Locate career information resources in the school and community (library, field trips).</li> </ul> |      |      |     |
| Gu 2.5 Awareness of   | • List different jobs/workers and their contribution to the community.  |      |      |     |
| how work relates to the   | Describe the basic needs for all people (food, clothing, shelter).  |      |      |     |
| needs and functions of society.   | • List roles/responsibilities of community workers (fire, police, healthcare).  |      |      |     |
|   |   | 1    | 1    | ı   |
| <b>Gu 2.6</b> Awareness of the importance of personal responsibility and good | <ul> <li>Describe the importance of personal qualities (regular school attendance,<br/>cooperation, punctuality, proper language and dress, good manners, listening<br/>skills) to school success.</li> </ul>                                   |      |      |     |
| work habits   | • Demonstrate good work habits in school (follow directions, keep on task, complete assignments).   |      |      |     |
|   | Identify responsibilities within the school environment.  |      |      |     |
|   | • Relate how student responsibilities prepare one for responsibility in the workplace.  |      |      |     |
|   | Display responsibility and honesty through completion of daily assignments.   |      |      |     |
|   | • Express excitement and curiosity about new things in the classroom.   |      |      |     |
|   | Ask questions and seek clarification.   |      |      |     |
|   | Show persistence in working toward completing a task.   |      |      |     |
|   | Be willing to accept help in problem-solving.   |      |      |     |
|   | Display level of respect for others.  |      |      |     |

### 3. Standard - Career Planning Skills (Early Childhood)

(Date/Initial)

| Competency              | Competency Indicators - The learner will:                                      | *EC2 | *EC3 | EC4 |
|-------------------------|--|------|------|-----|
| Gu 3.1 Awareness of the | Describe some of the planning they do at school and home.                      |      |      |     |
| planning process        | Develop simple plans for specific activities.                                  |      |      |     |
|                         | • Demonstrate increasing ability to set goals and develop plans to reach them. |      |      |     |
|                         | Develop prayerful decision-making skills.                                      |      |      |     |
|                         |  |      |      |     |
| Gu 3.2 Awareness of     | Develop awareness that males and females can do any job.                       |      |      |     |
| different occupations   | • Develop awareness that work is important to all people, males and females.   |      |      |     |
| and changing            |  |      |      |     |
| male/female roles       |  |      |      |     |

### 4. Standard - Self-Knowledge and Self-Acceptance (Early Childhood)

| Competency                                      | Competency Indicators - The learner will:   | *EC2 | *EC3 | EC4 |
|---|---|------|------|-----|
| <b>Gu 4. 1</b> Knowledge of the importance of a | • Identify and appreciate individual characteristics (i.e., likes, dislikes, interests, abilities, skills). |      |      |     |
| positive self-concept                           | Demonstrate a positive attitude about self.   |      |      |     |
|   | Express emotions.   |      |      |     |
|   | Express preferences   |      |      |     |
|   | • Identify personal characteristics such as the color of their hair and favorite food.                      |      |      |     |
|   | • Interact with other peers in the classroom.   |      |      |     |
|   | Interact easily with familiar adults.   |      |      |     |
|   | Develop the awareness that we are made in the image of God.   |      |      |     |

## **5. Standard - Self-Management and Responsible Behavior (Early Childhood)**

| Competency                                      | Competency Indicators - The learner will:  | *EC2 | *EC3 | EC4 |
|---|--|------|------|-----|
| Gu 5.1 Awareness of the                         | Demonstrate awareness of their feelings in various situations.   |      |      |     |
| importance of growth and change                 | Become aware of how choices they make affect how they manage their feelings.   |      |      |     |
|   | Demonstrate skills for handling emotions.  |      |      |     |
|   | Recognize their feelings while they experience them.   |      |      |     |
|   | Learn ways to express anger appropriately.   |      |      |     |
|   | • Demonstrate healthy ways to manage conflict, stress, and emotions in self.   |      |      |     |
|   | Demonstrate knowledge of good health habits.   |      |      |     |
|   | • Increase ability to regulate their behavior and express emotions with adult guidance.  |      |      |     |
|   | Be able to try out simple suggestions made by familiar adults.   |      |      |     |
|   | Be able to wait for short amounts of time.   |      |      |     |
|   | Seek help in acceptable ways.  |      |      |     |
|   | Become aware of God's presence in their lives as they grow and change.   |      |      |     |
| <u> </u>  |  |      |      |     |
| Competency                                      | Competency Indicators - The learner will:  |      |      |     |
| <b>Gu 5.2</b> Develop appropriate attitudes and | • Distinguish between socially appropriate and inappropriate physical, verbal, and emotional behavior.                         |      |      |     |
| behaviors                                       | Become aware of appropriate behavior in various school settings.   |      |      |     |
|   | Describe school/classroom rules on acceptable/unacceptable behaviors.  |      |      |     |
|   | • Exhibit steady progress toward using behaviors that demonstrate respect for the feelings, property, and interests of others. |      |      |     |
|   | Become aware of the relationship between behaviors and good/bad consequences.  |      |      |     |

### **5. Standard - Self-Management and Responsible Behavior (Early Childhood)**

(Date/Initial)

| Competency                          | Competency Indicators - The learner will:  | *EC2 | *EC3 | EC4 |
|-------------------------------------|--|------|------|-----|
| <b>Gu 5.3</b> Develop               | • Identify resource people in the school and how to seek their help.                                       |      |      |     |
| awareness of personal safety skills | • Demonstrate knowledge of personal information (e.g., telephone number, home address, emergency contact). |      |      |     |
|                                     | • Exhibit awareness of the difference between appropriate and inappropriate physical contact.              |      |      |     |
|                                     | • Demonstrate knowledge of how to seek help in an emergency.   |      |      |     |

# **6. Standard - Problem-Solving and Decision-Making Skills (Early Childhood)**

| Competency   | Competency Indicators - The learner will:   | *EC2 | *EC3 | EC4 |
|--|---|------|------|-----|
| <b>Gu 6.</b> 1 Identify common personal and                  | • Define a problem in an uncomfortable situation and identify possible solutions. |      |      |     |
| interpersonal problems                                       | Become aware that to solve problems effectively a sequential process can be used. |      |      |     |
|  | Become aware that they can ask for help when needed to solve a problem.           |      |      |     |
|  |   |      |      |     |
| Gu 6.2 Awareness of how to solve problems and make decisions | Describe the ways they make choices.  |      |      |     |
|  | Become aware that there are consequences for their decisions and choices.         |      |      |     |
|  | Realize the difficulty of choosing between two desirable alternatives.            |      |      |     |
|  | Use a prayerful approach to decision-making.                                      |      |      |     |

### 7. Standard - Interpersonal and Communication Skills (Early Childhood)

| Competency   | Competency Indicators - The learner will:                                    | *EC2 | *EC3 | EC4 |
|--|--|------|------|-----|
| Gu 7.1 Demonstrate   | Become aware of the needed skills to be a good listener.                     |      |      |     |
| communication skills in speaking, listening, and nonverbal behavior. | Recognize that others may communicate differently than they do.              |      |      |     |
|  | Listen to others and repeat their ideas.                                     |      |      |     |
|  | Become aware of and accept/tolerate opinions of others in group discussions. |      |      |     |
|  |  |      |      |     |

| Competency                 | Competency Indicators - The learner will:   |  |  |
|----------------------------|---|--|--|
| <b>Gu 7.2</b> Awareness of | Become aware of how people in a group work together.  |  |  |
| how people in a group      | Take part in making group rules.  |  |  |
| work together              | Become aware of their responsibilities in the family, school, and community.                        |  |  |
|                            | • Become aware that groups have "norms" or expectations of their members (classroom, ball field).   |  |  |
|                            | Become aware of the skills (listening, taking turns) needed for effective participation in a group. |  |  |
|                            | Respect diverse opinions.   |  |  |

| Gu 7.3 Awareness of ways to express thoughts and feelings | • Describe the four basic feelings: happy, mad, sad, and fear. |  |  |
|---|--|--|--|
|   | • Verbalize ideas, thoughts, and feelings.                     |  |  |
|   | • Express their feelings appropriately.                        |  |  |
|   | Make positive statements to and about others.                  |  |  |
|   | • Describe ways to express the need for help.                  |  |  |

|   |   | (Da  | (Date/Initial) |     |  |
|---|---|------|----------------|-----|--|
| Competency  | Competency Indicators - The learner will:   | *EC2 | *EC3           | EC4 |  |
| <b>Gu 7.4</b> Awareness of skills to interact with peers and adults | Describe the process involved in making and keeping friends.                              |      |                |     |  |
|   | • Acquire skills needed to cooperate, compete, and compromise with others.                |      |                |     |  |
|   | • Describe characteristics in themselves and others that enable them to be a good friend. |      |                |     |  |
|   | • Interact easily with one or more children.  |      |                |     |  |
|   | Play cooperatively, by taking turns, sharing, and conversing.                             |      |                |     |  |
|   |   |      |                |     |  |
| <b>Gu 7.5</b> Awareness of peer pressure.                           | • Be aware of how to express their wants and needs in an appropriate manner.              |      |                |     |  |
|   | Be aware of some things that are important to their peers.                                |      |                |     |  |
|   | • Seek adult help when needed to resolve peer-pressure conflicts.                         |      |                | •   |  |

# 8. Standard - Respect and Value Human Diversity (Early Childhood)

| Competency  | Competency Indicators - The learner will:                      | EC2 | EC3 | EC4 |
|---|--|-----|-----|-----|
| Gu 8.1 Demonstrate<br>awareness of different<br>cultures, lifestyles,<br>attitudes, and abilities | Describe customs of various cultures including their own.      |     |     |     |
|   | Recognize that there are different languages.                  |     |     |     |
|   | Identify likenesses/differences between themselves and others. |     |     |     |
|   | Share empathy and caring for others.                           |     |     |     |
|   |  |     |     |     |
| <b>Gu 8.2</b> Awareness of stereotypes and their impact on self and others                        | Respect diversity  |     |     |     |
|   | Develop an awareness of the meaning of stereotypes.            |     |     |     |
|   | Be aware that everyone is a child of God and equal.            |     |     |     |

## 9. Standard - Community Involvement (Early Childhood)

(Date/Initial)

| Competency   | Competency Indicators - The learner will:  | EC2 | EC3 | EC4 |
|--|--|-----|-----|-----|
| <b>Gu 9.1</b> Demonstrate an awareness of school and community volunteer | Describe good citizenship skills.  |     |     |     |
|  | • Identify various helper roles within the classroom, school, family, and community. |     |     |     |
| needs  | Participate in group projects that benefit the community.                            |     |     |     |
|  | Participate in the group life of the class   |     |     |     |

### 10. Physical Health (Early Childhood)

| Competency   | Competency Indicators - The learner will:                                  | EC2 | EC3 | EC4 |
|--|--|-----|-----|-----|
| Gu 10.1 Shows<br>characteristics of good<br>health to facilitate<br>learning | Show general good health.  |     |     |     |
|  | Show adequate development.   |     |     |     |
|  | Demonstrate visual ability to facilitate learning.                         |     |     |     |
|  | Exhibit auditory ability to facilitate learning.                           |     |     |     |
|  | Perform oral hygiene routines.   |     |     |     |
|  | • Show familiarity with the role of a primary health care provider.        |     |     |     |
|  |  |     |     |     |
| <b>Gu 10.2</b> Knowledge of wellness   | • Show that basic physical needs are met: getting adequate sleep, choosing |     |     |     |
|  | clothing appropriate to weather, nutritional needs met.                    |     |     |     |
|  | • Follow basic health and safety rules.                                    |     |     |     |
|  | Participate in physical fitness activities.                                |     |     |     |
|  | Make wise food choices.  |     |     |     |