

## **Journaling**

If a teacher uses journaling as an assignment either at home or at school, the following guidelines must be followed:

- If teachers wish to use journaling, it must be noted in the lesson plans.
- Students need to be aware that the teacher has the responsibility to read what is written.
- Under normal circumstances the teacher will and must keep what he/she reads as confidential.
- The students need to know that confidentiality does not bind if the teacher reads a threatened danger to themselves or others, e.g. suicidal thoughts and expressions.
- Teachers must read what they are asking students to journal on a regular basis, e.g. weekly or they may not engage students in that exercise.
- The journal is the property of the student and should be returned to the student.