

Preparing our children for a sexualized culture is possible.

Equipped: Smart Catholic Parenting in a Sexualized Culture uses the image of the home—the domestic church—to guide you in how to teach your children to say no to pornography while at the same time forming them in a broader understanding of:

- ▶ Their God-given identity.
- ▶ The importance of sexual integrity.
- ▶ The difference between sexual impulse and life giving union.
- ▶ How to understand sexual shame.
- ▶ How to engage media with discernment.

This book makes it possible to have engaged, healthy, and informed conversations about online threats.



The Equipped 7-Day Email Challenge will give you practical tools for creating a safe haven in your home. Text SECURE to 66866 to begin the Challenge today!



This resource is made available by Covenant Eyes
and the Diocese of St. Petersburg

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EQUIPPED

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