## Preparing our children for a sexualized culture is possible.

Equipped: Smart Catholic Parenting in a Sexualized Culture uses the image of the home-the domestic churchto guide you in how to teach your children to say no to pornography while at the same time forming them in a broader understanding of:

- Their God-given identity.
- The importance of sexual integrity.
- The difference between sexual impulse and life giving union.
- How to understand sexual shame.
- How to engage media with discernment.

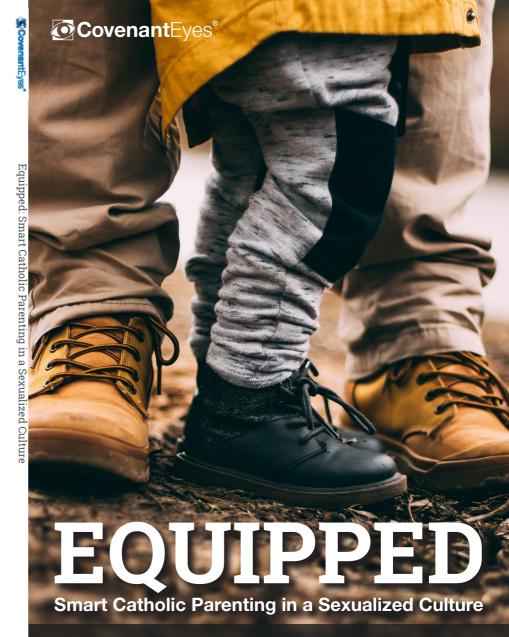
This book makes it possible to have engaged, healthy, and informed conversations about online threats.

The Equipped 7-Day Email Challenge will give you practical tools for creating a safe haven in your home. Text SECURE to 66866 to begin the Challenge today!





This resource is made available by Covenant Eyes and the Diocese of St. Petersburg



Get our 7 day email challenge by texting SECURE to 66866