

3/1/2019

Safe Haven Counseling Referral List

The following list of mental health professionals include men and women who may or may not be Catholic, but would be respectful of the Church's teachings on Chastity based on a phone interview. Many of them are certified sexual addiction therapists (CSAT) through the international institute for trauma and addiction professionals (IITAP). Inclusion on this list does not constitute a Diocesan recommendation of any of the providers and is simply a resource. Some counselors on this list are not within the Diocese of St. Petersburg but they are willing to see people from our area and two will work through Telehelp, or HIPPA compliant video chat.

Note: Other therapists who are CSAT certified can be found on the website <https://www.iitap.com/>.

***Please contact Sabrina Burton Schultz if you have feedback or updates to share!**
727-344-1611 *5325; sab@dosp.org.

While not deemed a replacement for counseling, RECLAIM Sexual Health offers a science-based, Catholic [Online Recovery Program](#) and other resources for those who desire to reclaim God's plan for their lives and the lives of loved ones impacted by pornography or other unhealthy sexual behaviors. RECLAIM also offers resources for spouses, parents, clergy and counselors. <https://reclaimsexualhealth.com/>

Abbreviations:

CSAT= Certified Sexual Addiction Therapist

CST= Certified Sex Therapist

MA= Master of Arts

LPC= Licensed Professional Counselor CDP= Chemical Dependence Professional LMHC= Licensed Mental Health Counselor

ASAT= American Society of Alternative Therapists

NCC= National Christian Counselors

MHP= Mental Health Professional

PSAP= Pastoral Sex Addiction Professional (*for pastors or Church leaders. Holder may not be a licensed counselor*)

- **Most therapists, in addition to working with persons who are struggling with/addicted to pornography, will work with spouses/families. Some therapists will also work with teens who are struggling with addiction. See the “additional information” column for details.**

Therapist Name/Contact Information	Additional Information
<p><u>Peggy Albano, LMHC</u> CSAT, CST 2033 Wood St., Ste 115 Sarasota, Florida 34237-7926 (941) 914-5553 https://peggyalbanotherapy.com/ peggyalbano@comcast.net</p>	<p>Works with individuals age 18 and up, spouses and family units Self-pay Evening Hours</p>
<p><u>K. Timothy T. Burkholder</u> CSAT, EMDR Trained 1543 Lake Baldwin Lane Orlando, Florida 32814 (407) 894-5202 https://www.chariscounselingcenter.com/ ktburkholder@chariscounselingcenter.com</p>	<p>Individual therapy for adults and teens Typically refers spouses/family units to colleagues in the office. Runs small groups for addicts Free 15-min. Phone Consultation. Can see clients via HIPPA compliant video chat Evening Hours Self-Pay</p>
<p><u>Mark Denison</u> PSAP, NCC Bradenton, Florida 34205 (941) 526-4700 mark@theresstillhope.org https://www.theresstillhope.org</p>	<p>Will see teens and adults, spouses, family units Masters in Addiction Recovery Pastoral Sex Addiction Professional Evening hours Self-pay/sliding scale</p>
<p><u>Michael Dunn</u> LMFT, CSAT 1515 E Silver Springs Blvd, Ste 112 Ocala, Florida 34470-6814 (352) 732-3333 cloverleafcounseling@gmail.com</p>	<p>Will see youth 10 and up, individual adults, family units, couples in crisis MA in Addictions Certified Trauma Professional Bi-lingual, Spanish Evening hours Practice accepts some insurance panels</p>

<p><u>Mary Beth Griffis</u> Wise Life Counseling, Inc. Certified EMDR Therapist Certified CSAT Therapist Qualified Supervisor 5458 Lake Howell Rd Winter Park, FL 32792 407-782-0134 https://www.wiselifecounsel.com/</p>	<p>Will see children 12 yrs. and older, adults and spouses Specialize in trauma as well as sexual addiction. Limited Evening hours Accepts some insurance panels</p>
<p><u>Erin Grupp</u> LCSW, CAP, CST,CSAT 4100 W Kennedy Blvd, Ste 210 Tampa, Florida 33609-2244 (813) 287-9500 erin@catalysthelp.com</p>	<p>Will work with Individuals, teens, couples and family units Catalyst Center for Change also offers Three-Day Intensives for individuals and couples to provide the tools necessary to end destructive sexual behavior for good while rebuilding trust. Some evening hours Practice is self-pay</p>
<p><u>Scott Grupp</u> LMHC, CSAT, CMAT, MCAP, CST. 4100 W Kennedy Blvd, Ste 327 Tampa, Florida 33609-2257 (813) 287-9500</p>	<p>Will work with Individuals, teens, couples and family units Runs a Men’s Sexual Recovery Group Catalyst Center for Change also offers Three-Day Intensives for individuals and couples to provide the tools necessary to end destructive sexual behavior for good while rebuilding trust. Some evening hours Practice is self-pay</p>
<p><u>Yale Kushner</u> CSAT 1850 Lee Rd, Ste 116 Winter Park, Florida 32789-2104 (407) 644-8588 https://newleafcenter.com/ yale@newleafcenter.com</p>	<p>Individual, couple and family therapy Will be licensed this summer. CSAT Licensure expected in March. Also speaks French and Arabic. New Leaf has a men’s Sex Addictions Recovery Group and groups for women Practice is self-pay</p>

<p>Ruth Martinez MA, LMHC, CAP, CCDVC Advancement in Mental Health Services 2001 W. Busch Blvd., Suite B Tampa, Florida 33612 813-932-2800 Ruthbmart@gmail.com</p>	<p>Will work with individuals, parents and children/adolescents, couples/families Certified Addictions Professional. Not CSAT Certified Accepts some insurance panels. Some evening hours Fluent in English and Spanish.</p>
<p>Michael Reilly LCSW, CSAT 13575 58th St. North Clearwater, Florida 33760-3740 (646) 710-0553 mike@healthysexconsultants.com https://healthysexconsultants.com/</p>	<p>Will see individuals, spouses/couples. Saturday and evening hours Self-pay. May use sliding scale with demonstrated need. Limited Spanish.</p>
<p>Helen Roberts 339 6th Ave W., Ste 35 Bradenton, Florida 34205-8820 (844) 848-1223 hroberts@addorecovery.com https://www.addorecovery.com/</p>	<p>Individuals, couples, families, teens Small groups Self-pay- issues monthly statements Can do Telehelp Some evening hours.</p>
<p>Linda Spenceley M.A, CRC, LMHC, NCC St. Francis Parish 5030 Mariner Drive Spring Hill, FL 34609 352-683-9666 or 352-686-9954 ex. 409 Lspenceley@stfrances.org</p>	<p>Will see individuals, teens, spouses, and some families Not CSAT certified but has seen clients in the past with these addictions Some early evening hours. Self- pay</p>

<p><u>Dr. Karla Tamakloe</u> PhD 815 N Magnolia Ave Orlando, Florida 32803-3810 (321) 356-6265 karlat@tranquilitylifecounseling.com</p>	<p>Will work with individuals, teens, spouses, family units Completing CSAT Certification Background in addictions and substance abuse. Accepts some insurance panels Some early evening hours- flexible based on client needs</p>
<p><u>Deacon Mark Taylor, MD</u> Mark Taylor, MD & Associates 1454 Oakfield Dr. Brandon, Florida 33511 813-653-1150 dcndrmt@gmail.com</p>	<p>Will work with individuals, teens, spouses, couples. Will see patients with pornography and sexual addiction. Monthly group for men addicted to pornography. Board Certified psychiatrist trained to work with adults and children. Accepts most insurance panels.</p>
<p><u>Greg Trammel</u> LMHC Still Waters Counseling 11141 County Line Road, Unit 110 Spring Hill, Florida 34609 352-650-1498 gregTLMHC@tampabay.rr.com</p>	<p>Individuals, spouses and couples. Will see teens age 15 and up. Not CSAT Certified but has taken CEU's in sexual addiction and has worked with men with compulsive sexual behavior issues for over 25 years Accepts many insurance panels as well as self-pay Some early evening appointment times</p>