Safe Environment Education Curriculum for Students

Concepts introduced are to be reviewed throughout the grades until mastered

Cognitive Development

Understands -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
1. the difference between 'good' and 'bad'	I														
touch															
2. a sense that individuals are loved by	I														
important people in their lives															
3. basic elements of emotional grooming			I												
4. there are good and bad choices	I														
5. it is alright to say "No"	I														
6. how to say "I'm sorry"		I													
7. how to experience forgiveness	I														
8. parts of their bodies are private and should	I														
be respected															
9. there should be no secrets, and recognizes the	I														
importance of letting trusted adults know about															
uncomfortable situations or relationships with															
others until believed															
10. the difference between safe and harmful relationships		I													
11. in cases of sexual abuse, the child is never at		I													
fault															
12. the difference between appropriate and			I												
inappropriate touches both physically and															
sexually															
13. right from wrong			I												
14. families love and care for one another	I														
15. our bodies, minds, and feelings change			Ι												

(Cognitive) Understands -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
16. basic elements of emotional grooming and				Ι											
develops skills to examine motives of groomers															
17. the uniqueness of each person	I														
18. the value of the sexuality of each person						I									
19. the importance of protecting the human						Ι									
body, both physically and sexually, through															
maintaining healthy boundaries															
20. media images can give false ideas and						Ι									
distorted views of relationships															
21. the need to have accurate information								Ι							
regarding human sexuality															
22. feelings about sexuality are normal and								Ι							
essential for appropriate development															
23.practicing chastity leads to an appropriate								Ι							
expression of sexual feelings															
24. good health choices demonstrate respect for								Ι							
God's gift of life															
25. the importance of acquiring information								Ι							
from knowledgeable individuals regarding															
human sexuality															
26. the difference between healthy relationships												Ι			
and abusive relationships															
27. the importance of recognizing warning signs												Ι			
of abuse in a relationship															
28. a constant media supply of sexual images												Ι			
can lead to desensitization															
29. personal information shared on the internet								Ι							
may be potentially harmful															

Spiritual Development

Develops -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
1. an appreciation of God's goodness and personal love for them	I														
2. the need to respect all people and all forms of life	I														
3. a sense of self worth	I														
4. a spirit of prayer and sense of God's presence	I														
5. a sense that God loves all individuals and gives us families composed of members who help each other	I														
6. an understanding that God calls us to forgive those who hurt us	I														
7. a proper respect for the body as part of God's creation	I														
8. morally through stories drawn from their experiences, the Gospels, and the lives of the saints			I												
9. an understanding of how personal choices affect their relationship with God and others			I												
10. an appreciation of God's constant, unconditional love			I												
11. a respect for one's body, keeping it healthy and safe because it is a gift from God			I												
12. an understanding that every person's life is important			I												
13. an appreciation of differences in others			I												
14. an understanding that life at any stage is sacred and should be cared for						I									

(Spiritual) Develops -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
15. an appreciation that good health habits show						I									
respect for the gift of life															
16. an understanding that feelings are gifts from						I									
God and are used to communicate with one															
another															
17. an understanding that human life begins and							I								
is nurtured in a family															
18. responsible sexual attitudes and beliefs that								I							
follow the Church's teachings															
19. an awareness that human sexuality is a gift								I							
from God															
20. an attitude of respect that acknowledges the								I							
worth of every human being															
21. an understanding that sexuality is a treasured								I							
gift for which they are responsible and is part of															
God's plan for new life															
22. an appreciation of the human body as part of									I						
God's creation															
23. an appreciation of the spiritual and moral									I						
dimensions of human sexuality															
24. an understanding that our bodies are sacred									Ι						
and temples of the Holy Spirit															
25. an appreciation and practice of the virtue of										I					
chastity															

Behavioral Development

Demonstrates -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
1. an understanding that parts of their bodies should be respected	Ι														
2. an understanding that feelings can be managed	Ι														

3. how friends treat each other with respect	Ι														
4. ways to report to trusted adults uncomfortable	I														
situations or relationships with others until															
believed															
5. ability to regulate their own attitudes and			I												
actions															
6. an understanding that their personal choices			I												
have consequences															
7. recognition of signs of sexual, emotional, and			I												
physical abuse															
8. ways to express feelings appropriately			I												
9. proper respect for the body and the practice of						I									
maintaining healthy boundaries															
10. the skills for developing meaningful						I									
relationships															
11. strategies to get out of abusive or potentially						I									
abusive situations															
12. good health habits during puberty which is a								I							
time of rapid growth								_							
13. recognition of signs of misuse or abuse of the								I							
body by self or others								_							
14. the skills to maintain healthy relationships								Ι							
15. ability to discuss questions and issues									I						
regarding sexuality in an open and trusting															
atmosphere with sensitivity and respect	E.C.	EG4	T 7	4	_	2	_	_		_			10	11	10
(Behavioral) Demonstrates -	EC3	EC4	K	1	2	3	4	5	6	7	8	9	10	11	12
16. ability to associate with peers and realize that												I			
peer relationships strongly influence sexual															
development															
17. ability to develop a holistic, Christian												I			
approach to human sexuality															
18. ability to seek support and direction from												I			

family and significant adults through positive								
interaction								
19. assertive techniques in dealing with abuse in						Ι		
a relationship								
20. ways to let trusted adults know about						Ι		
uncomfortable situations or relationships with								
others								
21. ability to report unwanted solicitation over				I				
the internet to proper authorities								

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